Keep Going® Fun Facts

The Energizer Keep Going® Hall of Fame celebrates perseverance, boundless energy and a never-quit spirit – creating a place where inspirational stories of everyday people can live. Here are some fun examples of Keep Going® spirit in ordinary life.

- **You think YOUR feet hurt** … The longest foot race in the world is the annual Sri Chinmoy 1300-Miler held each fall in New York. Long enough to stretch from New York to Los Angeles, the runners circle one city block in Queens for two months straight – lapping the block more than 5,000 times, stopping only to sleep between midnight and 6 a.m.

- **The Energizer Bunny® of baseball** … National Baseball Hall of Famer Cal Ripken, Jr. holds the MLB record for the most consecutive games played – 2,632!

- **World’s longest meeting** … At 61 years, “Meet the Press” is the longest running television show of all time.

- **Give more, live more** … Studies show volunteering leads to improved physical and mental health and that individuals who volunteer live longer (*The Health Benefits of Volunteering*, 2007, by the Corporation for National and Community Service).

- **Get the large popcorn** … With a running time of 27 hours, the Chinese movie “The Burning of the Red Lotus Temple” is the world’s longest major movie release. It’s a silent film about the rescue of a commander held captive in a temple full of traps.

- **Brrrrring it on** … Norway has won the most medals (263) at the Winter Olympic Games.

- **Slowly but surely** … Giant tortoises are the longest-lived of all vertebrates, averaging more than 100 years. The oldest on record lived to be 152 (NationalGeographic.com).

- **Standing up to the storm** … The world’s longest bridge over water is the Lake Pontchartrain Causeway in Louisiana. Spanning more than 23 miles, the bridge also boasts superior structural endurance. The Causeway only suffered minor damage during Hurricane Katrina and was critical to helping recovery teams access New Orleans.