Preventing Falls with Injury
Center for Transforming Healthcare Project

**Goals**

- **Goal 1:** Reduce falls that result in injury by 50%
- **Goal 2:** Reduce all falls by 25%

**Results** after 18 months

- Reduced falls with injury by 62%
- Reduced all falls by 35%

The problem with falls

Falls in health care facilities result in death & injury.

- Between 30-35% of patients who fall will sustain an injury.
- These injuries result in: 6.3 additional days hospital stay (average stay is 4.8 days).

Approximately 11,000 fatal falls occur in the hospital annually with a $14,056 estimated average cost of a fall with injury.

Annual costs avoided from falls reduction:
- 200 bed hospital = $1 million
- 400 bed hospital = $1.9 million

Examples of targeted solutions to prevent falls with injury:

- Scheduling trips to the bathroom
- Reminding patients to always ask for help walking
- Engaging patients and their families in the fall safety program at the time of admission
- Adopting a culture of fall safety throughout the facility
- Bringing caregivers to the bedside more often (for example, hourly rounding)