

Test Your Patient Safety IQ

This quiz is brought to you by The Joint Commission
as part of Patient Safety Awareness Week, March 7-13, 2010

Everyone has a role in making health care safe – even you! As a patient, do you know what it takes to be safe? Take the following quiz to test your Patient Safety IQ.

By participating, you will be entered in a drawing to win one of 20 of The Joint Commission's patient safety books, "*You: The Smart Patient*" or the just-published "*The Smart Parent's Guide*."

Name _____

E-mail _____

Sex Female Male

Age 10-19 20-29 30-49 50-69 Over 70

Phone (optional) _____

1. Which of the following statements is true?
 - a. Hand washing helps prevent infection.
 - b. Using hand sanitizer (liquid, gel or foam) helps prevent infection.
 - c. Getting a flu shot helps prevent disease and infection.
 - d. All of the above

2. Whenever I am given a new medicine, I should tell the doctor and nurse about:
 - a. Allergies or negative reactions I have had to medicines.
 - b. Supplements and other medicines I am already taking.
 - c. How many children I have.
 - d. a and b

3. If I have an operation or procedure, it is a good idea to ask one of the following people to go with me to be my advocate (advisor or supporter).
 - a. My doctor
 - c. My insurance agent
 - d. Dr. Phil
 - e. A member of my family or a close friend

4. If I have my blood taken for a test, I should ask:
 - a. If it is a true/false or multiple choice exam.
 - b. If I should have a snack.
 - c. To see the label on the container that my blood is put in.
 - d. What the lab technician thinks about the movie "Twilight."

5. If I cannot read the prescription, I should not worry because the pharmacist will be able to read it.
True False

6. I should expect health care workers to always introduce themselves or to wear an identification badge.
True False
7. Before surgery, the surgeon should mark the spot on my body to be operated on.
True False
8. Before I leave the hospital, a staff person should give me instructions and answer my questions about follow-up care.
True False
9. Patients have certain rights when they receive health care. Which of the following is **not** a right?
- a. The right to be informed about the care I will receive.
 - b. The right to a gourmet meal.
 - c. The right to safe care.
 - d. The right to have my pain treated.
10. Before I go to the doctor's office, it is a good idea to prepare for the visit by doing all of the following **except**:
- a. Write down my health history.
 - b. Make a list of my medicines.
 - c. Practice saying 'ahhh.'
 - d. Write down any questions I have about my health.
11. I need to be actively involved in my health care and I have the right to speak up if I have any questions or concerns about my health.
True False