

TICHINA ARNOLD
Award-winning Actress

Tichina Arnold is a two time NAACP Image Award winning actress. Her first Image Award was for her role as Pam Jones on the hit T.V. series "Martin." Her second award was for Outstanding Actress in a Comedy Series for her first season starring in the critically acclaimed comedy "Everybody Hates Chris," a series inspired by the childhood experiences of comedian Chris Rock. Arnold plays Rochelle, Chris' (Tyler James Williams) strict, sassy mother, who runs the household on a tight budget, but is the glue that holds the family together.

Arnold has also appeared on television in "Ryan's Hope," "All My Children," "The Cosby Show," "Law & Order," "The Norm Show," "One on One" and "Brothers."

In film, she has starred in "Big Momma's House," with Martin Lawrence, the critically acclaimed "Civil Brand," with Mos Def and LisaRaye McCoy, as well as "Dancing in September," "Scenes from a Mall" and "The Little Shop of Horrors." Her most recent film, "Wild Hogs," co-starring Tim Allen, Martin Lawrence, William H. Macy and John Travolta, was released in early 2007.

In upcoming films, she is starring in her first dramatic role titled, "The Lena Baker Story", co-starring Peter Coyote, Beverly Todd and Michael Rooker. She plays Baker, the first Georgia woman sent to the electric chair. She became a virtual sex slave to her white employer (Peter Coyote) and killed him, claiming self-defense. Arnold also recently filmed roles in "Transformers 2" and "Dance Flick," the Wayans Brothers film.

After getting her first taste of performing in front of her family's church congregation at age 4, Arnold began vocal training and appearing on stage at an early age. She first appeared in "The Me Nobody Knows" at Brooklyn's Billie Holiday Theatre, followed by "Hair," "Romance and Hard Times," and "Haggadah" at The Joseph Papp Theatre. In 2004, she toured in the lead role of the musical hit "If These Hips Could Talk," which broke box office records in over 55 cities. In 2007, she starred in a holiday play, written and directed by Debbie Allen called "Alex in

Wonderland.” She recently appeared in the revival production of “The Wiz” as the villainous Evilene at the City Center in New York.

In addition to her acting career, Arnold lends her time to several charitable organizations. She cares about children and the youth of Los Angeles and has dedicated many man hours to seeing organizations that strive to help our youth prosper and thrive. She has done extensive work to help raise money for several of these organizations, like Hire L.A., which she works on with Mayor Villaraigosa’s office, an organization that is dedicated to helping train the youth of Los Angeles and give them the skills they need to succeed in today’s fast paced work environment.

She has also helped raise money for children who are sick and in need, having worked with several organizations such as Voices for America’s Children, The Elizabeth Glaser Pediatric Aids Foundation, Rally for Kids with Cancer, First Star for Children's Rights and Cancer Schmancer. As a mother herself, she is dedicated to helping these causes whose sole purpose is to help those children who so often have no voice of their own. She also remains active in her community by speaking out on issues that involve the NAACP in the entertainment industry.

Originally from Queens, New York, Tichina Arnold and her daughter Alijah, live in Los Angeles.